# Engage. Establish. Equip.



# Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing, and, most importantly, **hear from God's Word**.

Our mission at The Met is to glorify God by making disciples of Jesus Christ, through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, you are welcome here.



We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

**9AM Sunday School:** For newborns to children up to grade 6

**10:15**AM METKids Hub: Join us in the Gym for a chance for kids to run and burn off some energy, and for parents to connect in between services

**11AM Sunday School:** For newborns up to 23 months

#### **METKids Special Events · Summer Day Camps**

METKids Summer Camp • Jul 22-26 METKids Summer Camp • Jul 29-Aug 2 METKids Summer Camp • Aug 6-9

Registration is now open at **metbiblechurch.ca/camps**Want to volunteer? Visit **metbiblechurch.ca/serve** 

# Today

#### Who is Like Our God?

The Omnipresent God Jonathan Griffiths, Lead Pastor

**Songs**: All My Ways Are Known To You, All Glory Be Forever, All I Have Is Christ, Psalm 139: Far Too Wonderful, O Great God Subscribe to our Spotify playlist "The Met - Sunday Worship Playlist" to listen to the songs we sing here at The Met.

#### **Next Week:**

Who is Like Our God?

The Glorious God Jonathan Griffiths, Lead Pastor





# Take your next steps

What is your next step in your walk of faith?

### Connect

If you're new, we'd love to connect in person. We have a free coffee and baked treat at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with Pastor Adam Callaway, to find out what the next growth step in your faith could be at acallaway@metbiblechurch.ca.

### Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit metbiblechurch.ca/serve.

### Give

We have many different ways for you to worship God through giving. Check out **metbiblechurch.ca/give** for more information.

## This Week

#### **MONDAY**

BUILDING CLOSED · CANADA DAY

#### **TUESDAY**

METYouth Pool Party (Junior High and High School) • 5:30PM • OFFSITE

#### WEDNESDAY

Prayer Focus • 7PM • RM 211

#### **THURSDAY**

METSeniors Strawberry Social • 10AM • GYM METYoung Adults Bible at the Beach • 7PM • MOONEY'S BAY

# Church Family News

**We're Hiring: METTykes Coordinator**For further details on this role, please visit our website at **metbiblechurch.ca/joinourteam**.

#### **Missionary Focus**

Allan and Caulene Bussard's current focus is on training and recruiting missionaries from Eastern Europe to engage in ministry in East Africa. Be praying for a program that they are running in Kenya where more than 15,000, largely Muslim farmers are engaged in planting cashew crops. Pray that as their Christian agronomists work with them, the gospel would be explained and understood by the farmers and their families. Pray also for a few partnerships with the Lutheran Church in Slovakia, where they have been asked to promote mission engagement throughout their denomination.

#### Sam and Rita Hill

We would like to express our heartfelt appreciation for the wonderful luncheon hosted by Pastor Randy Jost, Lou Ranahan, and the committee, on Thursday, June 20. It was good to see so many of our friends with whom we have served at The Met in different capacities throughout the years. We have been richly blessed by The Met's preaching ministry and its many programs and we hope that The Met will continue to thrive and be fruitful in proclaiming the good news.

## **Events**

#### JUN 30 · Church Wide Prayer · 6pm · Gym

Please join us as we pray for our ministries, missionaries, and church family. A time of fellowship is held after the prayer time and light refreshments are served.

#### JUL 7 · MEET & GREET · 10:15AM & 12:15PM · FIRESIDE RM

If you are new to The Met and looking for ways to make connections with others in our church community, we invite you to join us for this Meet & Greet. Our time together will be relational – where we can get to know each other in an informal, relaxed setting; as well as informational. Please join us, we'd love to get to know you!

#### JUL 8-12 · VBC Volunteers Needed · 9AM-12:30PM

If you are available to volunteer with VBC, please sign up now. We have over 300 children registered and are in need of many more volunteers to run the camp. Specifically, we need lead and assistant group leaders. Fill out our 'Interest in Serving form' and select VBC at metbiblechurch.ca/serve

#### JUL 22-AUG 9 · SUMMER CAMPS · 8:30AM-4PM

This year we have 3 new camps in addition to VBC and MetroHoops. Kids will have an opportunity to choose one elective for the week (lego, performing arts or sports) and on the Friday of each week there will be a different outing. Enrol your kids for one of these 3 great week-long camps at metbiblechurch.ca/camps.

#### JUN 30 & JUL 7 · VBC SHIRT & CD DISTRIBUTION

Tables will be set up in the lobby for children and volunteers who are registered for VBC for the distribution of VBC t-shirts and CDs in between the services.

#### SNACK DONATIONS FOR VBC

VBC is looking for snack donations for this year's camp. Remember, your donations must be nut free. Snack donations can be dropped off at the church office during the week or between services on Sunday.

#### CHILDREN'S MINISTRY SUNDAY SUMMER VOLUNTEERS

The Sunday Children's Summer Program will be starting on June 30 and we have a great need for volunteers who are 16 years of age and older to serve. This is a great opportunity to help out for 2 or 3 Sundays and allow those who serve regularly throughout the school year to have a time of rest. Sign-up at **metbiblechurch.ca/serve**.

#### METYOUTH SUMMER ACTIVITIES

METYouth will be hosting some awesome summer activities. If you are between grades 6 and 12, then join us on Tuesday nights! July 2: Pool Party, July 9: Nerf Night, July 16: Summer Games at The Met. For more information, email Caleb at **cbonney@metbiblechurch.ca**.













Instagram & Facebook:

@metbiblechurch

2176 Prince of Wales Drive info@metbiblechurch.ca metbiblechurch.ca 613-238-8182