# Engage. Establish. Equip.



### Welcome

We are so glad to have you with us today. We gather each Sunday to **encourage** one another to **trust** and **follow Jesus** throughout the week. We do this as we pray, sing, and, most importantly, **hear from God's Word**.

Our mission at The Met is to glorify God by making disciples of Jesus Christ, through **engaging** people with the gospel, **establishing** believers in the gospel, and **equipping** servants of the gospel in our nation's capital and the nations of the world.

Whether you are a committed believer or a curious skeptic, you are welcome here.



We have lots of opportunities for kids to hear about the love of Jesus in a way that they can understand.

**9AM Sunday School:** For newborns to children up to grade 6

**10:15**AM METKids Hub: Join us in the Gym for a chance for kids to run and burn off some energy, and for parents to connect in between services

**11AM Sunday School:** For newborns up to 23 months

**METKids Special Events · Summer Day Camps** 

METKids Summer Camp • Jul 22-26 METKids Summer Camp • Jul 29-Aug 2 METKids Summer Camp • Aug 6-9

Registration is now open at **metbiblechurch.ca/camps** 

# **Today**

Who is Like Our God?

The Loving God Jonathan Griffiths

**Songs**: He is our God, God the Uncreated One, His Mercy is More, And Can it Be Subscribe to our Spotify playlist "The Met - Sunday Worship Playlist" to listen to the songs we sing here at The Met.

### Next Week: Who is Like Our God?

The Holy God Jonathan Griffiths





# Take your next steps

What is your next step in your walk of faith?

### Connect

If you're new, we'd love to connect in person. We have a free coffee and baked treat at The Hub to say thank you for joining us. Fill in the Connect Card in the chair seatback and drop it in the offering plate for more information and to help us get to know you better. Connect with Pastor Adam Callaway, to find out what the next growth step in your faith could be at acallaway@metbiblechurch.ca.

### Serve

We are the body of Christ and every member has a role to play. Use the gifts that God has given you to serve Him and His church. Serve with one of our ministries by filling out the card in the seatback in front of you or visit metbiblechurch.ca/serve.

### Give

We have many different ways for you to worship God through giving. Check out **metbiblechurch.ca/give** for more information.

### This Week

#### MONDAY

METKids Summer Camps • 8:30AM • GYM

#### **TUESDAY**

METKids Summer Camps • 8:30AM • GYM METYouth - Nerf Night • 6:30PM • GYM

### **WEDNESDAY**

METKids Summer Camps • 8:30AM • GYM Prayer Focus • 7PM • RM 211

### **THURSDAY**

METKids Summer Camps • 8:30AM • GYM
METYoung Adults • Bible at the Beach • 7PM • MOONEY'S BAY

#### **FRIDAY**

METKids Summer Camps • 8:30AM • GYM

## **Church Family News**

### **Missionary Focus**

Charles and Lise Coté work as missionaries with the AGC, serving among French speakers in Ontario and Quebec. Pray for the formation of a French speaking church in Rockland, and for their envangelistic outreach this summer. Pray also for more workers for this church plant. Lastly, pray for Colossians 1:9-11 to be evident in their lives, that God would fill them with the knowledge of His will through the wisdom and understanding that the Spirit gives.

### Financial Update

For the year to the end of June, the income for our General Fund was \$1,452,743. Expenses were \$1,540,864, leaving us with a shortfall of \$88,121. We have an ambitious ministry plan for 2019, but we are committed to working within the resources the Lord provides. Please consider how you could help meet our financial needs. Thank you for your generous giving!

### **Missions Volunteers**

Do you have an interest in Missions, whether locally or globally? We have a variety of volunteer needs in order to help support The Met's Missions Ministry and our Missionaries around the world. For more information or to find your fit, email missions@metbiblechurch.ca.

### **Events**

### **AUG 11 · BACKPACK COLLECTION · UPSTAIRS MISSIONS KIOSK**

We will be collecting backpacks filled with supplies for neighbouring communities. Pick up a supplies list in the upstairs Missions Kiosk and return the backpacks by Aug 11th. Aug 14th is backpack distribution day which is a fun day of games, snacks, and ENGAGING with our Banff/Ledbury neighbours. For more information go to metbiblechurch.ca/outreach.

### JUL 29-AUG 9 · SUMMER CAMPS · 8:30AM-4PM

It is not too late to enrol in one of our new METKids Summer Camps. Kids will have an opportunity to choose one elective for the week (Lego, performing arts or sports) and on the Friday of each week there will be a different outing. Register today at **metbiblechurch.ca/camps**.

### JUL 28 · Church Wide Prayer · 6pm · Gym

Please join us as we pray for our ministries, missionaries, and church family. A time of fellowship is held after the prayer time and light refreshments are served.

### **AUGUST 8 · METSENIORS · 11:00AM**

METSeniors will be gathering together for a picnic lunch at Andrew Hayden Park. Bring finger food to share and lawn chairs for a time of fellowship together. Please note that the event will be cancelled if it rains.

### AUGUST 18 · MET 25-35 EAT TOGETHER · 6:00PM

MET25-35s are holding a BBQ at Britannia Beach in response to the #EatTogetherOttawa campaign (www.eattogetherottawa.ca). The event is pay what you can. Let's be generous as all proceeds will be donated to the Ottawa Food Bank.

Please register at metbiblechurch.ca/registrations by August 14.

#### SEPT 19 · AWANA

Early registration is now open to children of current Awana volunteers and Met families. General registration will be open on August 4. Please register at **metbiblechurch.ca/events** as early as possible to guarantee a spot for your children.

#### METYOUTH SUMMER ACTIVITIES

METYouth will be hosting some awesome summer activities. If you are between grades 6 and 12, then join us on Tuesday nights! July 30: Nerf Night, August 6: Escape Room Night, August 13: Service Night at The Met. For more information, email Caleb at **cbonney@metbiblechurch.ca**.













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